

# 1989 Region 4AA Girls Championship at Stillwater on Thursday June 1st & Saturday, June 3rd

**Teams:** Anoka 99, Blaine 60, Elk River 53, Coon Rapids 47, Stillwater 47, White Bear Lake 46, Irondale 36, Tartan 34, Forest Lake 21, Mounds View 21, Hill-Murray 16, Centennial 8, North St Paul 4, Spring Lake Park 4, Columbia Heights 0.

## 100

- 1 Lisa Youngdahl, Bl 12.61
- 2 Nikki Stroinski, CR 12.76
- 3 Melanie Cielski, FL 12.8
- 4 Krystal Gable, An 13.0
- 5 Nikki Adams, H-M 13.1
- 6 Kelly Schultz, Tar 13.2

## 200

- 1 Bri Scurry, An 25.89
- 2 Jennifer Johnson, WBL 26.23
- 3 Lisa Youngdahl, Bl 26.34
- 4 Nikki Stroinski, CR 26.4
- 5 Anita Paulino, FL 26.5
- 6 Amy Gerzema, MV 26.6

## 400

- 1 Nicky Johnson, St 58.74
- 2 Nikki Adams, H-M 59.08
- 3 Amy Ochocki, Ir 59.3
- 4 Amy Gerzema, MV 59.3
- 5 Holly Hargroder, St 60.8
- 6 Jenny Stein, Bl 61.2

## 800

- 1 Jennifer Watson, An 2:17.11
- 2 Sue Kennedy, Tar 2:18.90
- 3 Kara Hermanson, ER 2:23
- 4
- 5
- 6

## 1600

- 1 Betsy Dobbins, Tar 5:21.61
- 2 Nicole Venzke, WBL 5:29.51
- 3 Darci Moening<, Bl 5:31.5
- 4 Jill Dybdal, WBL 5:35.1
- 5 Tammy Solem, St 5:40.56
- 6 Kristen Brown, Ir 5:40.58

## 3200

- 1 Betsy Dobbins, Tar 11:40.9
- 2 Nicole Venzke, WBL 11:45.4
- 3 Michelle Pagel, WBL 11:53.2
- 4 Kelly Zobava, SpLP 12:07.7
- 5 Jill Dybdal, WBL 12:08.1
- 6 Angie Weyman, Tar 12:14.5

## 100 Hurdles (33")

- 1 Lori Fowler, ER 15.52
- 2 Sue Slater, An 16.03
- 3 Wendy Gilman, ER 16.2
- 4 Heather Kasun, St 16.4
- 5 Tabi Gruber, St 16.5
- 6 Jenny Lane, Ir 16.9

## 300 Hurdles (30")

- 1 Kerry Lambert, Bl 47.26
- 2 Lori Fowler, ER 47.31
- 3 Wendy Gilman, ER 47.8
- 4 Ann Morin, H-M 48.6
- 5 Tabi Gruber, St 48.6
- 6 Maria Ficoccello, St 49.4

## 4x100 Relay

- 1 Anoka 50.33 (M DesRoches, C Gamble, J Richardson, B Scurry)
- 2 Blaine 50.7
- 3 Irondale 51.0
- 4 Forest Lake 51.2
- 5 Mounds View 51.5
- 6 Elk River 52.4

## 4x200 Relay

- 1 Anoka 1:44.92 (B Blauert, C Gamble, J Richardson, B Scurry)
- 2 Forest Lake 1:45.7
- 3 Mounds View 1:46.6
- 4 White Bear Lake 1:46.8
- 5 Elk River 1:49.0
- 6 Coon Rapids 1:49.3

## 4x400 Relay

- 1 Anoka 4:04.21 (B Blauert, T Hubbard, J Richardson, J Watson)
- 2 Stillwater 4:09.1
- 3 Irondale 4:09.7
- 4 Elk River 4:10.2
- 5 Hill-Murray 4:10.6
- 6 Blaine 4:13.6

## 4x800 Relay

- 1 Anoka 9:45.31 (H Semanko, T Hubbard, S Mohs, J Watson)
- 2 Irondale 10:00.2
- 3 White Bear Lake 10:02.9
- 4 Tartan 10:08.8
- 5 North St Paul 10:18.6
- 6 Stillwater 10:18.8

## Shot Put

- 1 Missy Swanson, CR 38-6
- 2 Michelle Miller, Cent 37-2.25
- 3 Heidi Schultis, ER 37-0.5
- 4 Missy Schlagel, St 36-3.25
- 5 Julie Tank, An 35-6.25
- 6 Jenny Scheueneman, NSP 35-7.25

## Discus Throw

- 1 Missy Swanson, CR 109'0
- 2 Diane Anderson, MV 107-1
- 3 Kris Katzmark, CR 102-4
- 4 Missy Schlagel, St 101-5
- 5 Julie Tank, An 100-8
- 6 Sarah Beck, Ir 99-7

## Long Jump

- 1 Bethany Blauert, An 17-8
- 2 Bri Scurry, An 17-3.5
- 3 Jenny Richardson, An 17-2.5
- 4 Nicky Johnson, St 16-3.5
- 5 Colleen Vance, Ir 16-2.5
- 6 Jenny Isacson, Ir 15-8.5

## High Jump

- 1 Lauri Bentrim, Bl 5-3
- 2 Barb Wagamon, Bl 5-3
- 3 Kristen Scherer, CR 5-3
- 4 Candace Stickney, ER 5-3
- 5 Lori Hustad, St 5-2
- 6 Rita Anderson, FL 5-2

\* Ties Meet Record

\*\* New Meet Record

**Notes:** Anoka was coached by Don Kropp.